

# Tampa City Center Newsletter

201 North Franklin Street • Tampa, FL 33602

[www.TampaCityCenter.com](http://www.TampaCityCenter.com)



## October 2019

### PROPERTY MANAGEMENT

(813) 223-5008, Suite 1890

All emails: first.name.last  
name@cushwake.com

Natalie Stoughton, Sr. Property Mgr  
Deborah Scott, Property Manager  
Abby Phillips, Property Administrator  
Kevin Norton, Chief Engineer  
Seymour Phillips, Asst. Chief Eng.  
Charles Hudnall, Lead Engineer  
Robert Shim, Engineer  
Chris Rogers, Engineer  
Gerald Michaels, Engineer  
Ken Adams, Maintenance Tech

### LEASING TEAM

(813) 223-6300, Suite 3300

Mercedes Angell  
Barry Oaks  
Lauren Coup



### Passing of an Icon

We are deeply saddened to report that Tampa City Center's longest-serving General Manager, Barbara Carter, passed away after a battle with Parkinson's Disease at the age of 80. She retired in 2006 after 17 years at the helm and took Sun City Center by storm for the next decade. While in her dream job here at TCC, she served on the BOMA Greater Tampa Bay Board of Directors, won the Property Manager of the Year Award and multiple building excellence awards. She was a strong leader, a consummate professional and an enthusiastic mentor to many a friend in the Tampa commercial real estate market. She will be greatly missed.



### Safety Warden Meeting

**October 30th at 10am  
Suite 225**

Please join us for our annual Safety Warden Meeting to review the building's emergency systems and procedures. All Safety Wardens and Office Managers are encouraged to attend.

### Halloween Treats

We invite you to get into the "spirit" of Halloween and join us on **Thursday, October 31st, at 1pm** for sweet treats in the Lobby.



### Halloween Basket

Stop by the security desk beginning October 23rd to enter to win our "Halloween Basket" that will make your holiday extra special! Drawing ends on October 30th. Good luck!

### Flu Shots in Lobby

**October 23rd, 11am - 1pm**

Walgreens will provide flu shots and will take insurance or \$35 cash/check payments.

### Tenant Anniversaries

Stoler Russell ..... 5 Years  
Ryan Companies ..... 3 Years  
Coca-Cola ..... 2 Years  
Marcus & Millichap ..... 1 Year

### What's Happening at TCC

Mon/Wed	Yoga 12:30pm
Oct. 1, 15 & 29	Meditation
Oct. 16th-23rd	Basket Drawing
Oct. 23rd	Flu Shots
Oct. 25th	Chair Massages
Oct. 30th	Safety Warden Meeting
Oct. 31st	Blood Drive



### **Building Amenities**

#### **Concierge Services**

- Conference-Room Reservations
- Movie-Ticket Sales
- Notary Services
- USPS-Stamp Sales
- Umbrella Checkout

#### **Dining (all 813 area code)**

- Oasis Deli, 2nd FL, 223.3305
- Onaroll Sushi, 101-C, 400.1100
- Starbucks, Hilton Hotel across pedestrian bridge on 2
- 211 Restaurant & Lounge, Hilton

#### **Other Services**

- Building Conference Rooms in Suite 225 and Suite 2870
- Unlock Tampa Bay Store, Lobby
- Florida Wellness Medical Group, 101-A, 229.2225
- Smile Design Dental, 101-E, 225.1204
- University Club, 38th FL, 223.3737
- Tampa Legal Copies, 228.6200
- Shoe Repair, Reina Shoe Repair, 228.8487
- Auto Detailing - 226.0654
- YMCA (10% discount)
- Franklin Street Cleaners & Alterations 225.5600



### **August Basket Winner**

Congratulations to Ian Hvozdoch, of Deloitte! Our National Dog Day Basket Winner!



### **Break Room Plumbing Maintenance**

Please be reminded that it is each Tenant's responsibility to maintain their break room plumbing and fixtures in good working condition. This added plumbing is not part of the base building plumbing system and is not regularly maintained by the building engineers. It is recommended that Tenants contract with a plumber for regular preventative maintenance to avoid backups and leaks. Please contact the Property Management office for a list of frequently used plumbers authorized to work in the building.

### **Random Acts of Kindness**

The 4th Saturday in October is **Make a Difference Day!** This is a national day devoted to helping others by doing volunteer work in the community. It takes the form of cleanup, painting, repairing, mentoring or even tutoring. You can contact local charities, schools, parks and municipal facilities to offer some assistance. It doesn't matter what project you take on. It doesn't matter whether you help a nonprofit organization, the community, your town, nursing home, a church, a food kitchen, or any other group in need. What matters is that you participate.



### **Blood Drive**

October 31st  
10:00am to 3:00pm  
Jackson Street



### **THINK PINK!**

October is Breast Cancer Awareness Month, which is an annual campaign to increase awareness of the disease. To get a free **Know the Symptoms Guide**, please visit <http://www.nationalbreastcancer.org>.



### Corporate Work Study Program

We are proud to announce that the owners of Tampa City Center, Banyan Street Capital, are partnering with Cristo Rey Tampa High School (<https://www.cristoreytampa.org/>) in their Corporate Work Study Program. Through this innovative program, students receive a private, college preparatory education, while gaining invaluable real-world work experience from leading corporations and non-profit organizations in the Tampa Bay area. We are happy to welcome Sebastian Guevara as Tampa City Center's intern each Wednesday. Please stop by the management office in Suite 1890 to say hello and to tell Sebastian about your firm as he learns about the business world in Tampa.



### GAME DAYS

The last 2-3 weeks in October are the only time of the year when all four of America's major professional sports leagues schedule games: the NBA begins its preseason; the NHL and NFL are playing regular season games, and MLB is in its postseason. There have been 19 occasions when all four leagues played games on the same day, an occurrence known as a "sports equinox."



### GREEN FACTS

#### DID YOU KNOW?

- Turning down your thermostat by one degree can cut 8% off your fuel bill.
- An energy efficient washing machine will use a third less electricity for each wash, which could save you more than the cost of the appliance.
- If every household replaced one roll of regular toilet paper with one recycled post-consumer waste roll, 424,000 trees would be saved.
- Every three months, Americans throw away enough aluminum to rebuild the nation's commercial air fleet.
- The energy saved from one recycled aluminum can will operate a television for three hours.
- The energy saved from recycling one glass bottle will light a 100-watt light bulb for four hours.
- Recycling a glass bottle also causes 20% less air pollution & 50% less water pollution than when a new bottle is made from raw materials.
- Recycling & reusing the material in "tin" cans reduces energy use by 74%, air pollution by 85%, solid waste by 95% & water pollution by 76%.
- It takes 75,000 trees to print a Sunday Edition of the New York Times.
- The amount of wood & paper Americans throw away each year is enough to heat 50 million homes for 20 years.

### Wit & Wisdom

"The moon puts on an elegant show, different every time in shape, color and nuance."

—Arthur Smith

"I still say, shoot for the moon; you might get there."

—Buzz Aldrin

"Every phase of our life belongs to us.

The moon does not, except in appearance, lose her first thin, luminous curve, nor her silvery crescent, in rounding to her full."

—Lucy Larcom

"I love to think that animals and humans and plants and fishes and trees and stars and the moon are all connected."

—Gloria Vanderbilt

"The moon is a friend for the lonesome to talk to."

—Carl Sandburg

"Those are the same stars, and that is the same moon, that looks down upon your brothers and sisters, and which they see as they look up to them, though they are ever so far away from us."

—Sojourner Truth

"Summer ends, and autumn comes, and he who would have it otherwise would have high tide always and a full moon every night."

—Hal Borland

"To some people, the impossible is impossible. One fine day, they wake up in the morning knowing that they will never hold the moon in their hands, and with the certainty, perfect peace descends on them."

—Elizabeth Bibesco

# October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Meditation 12:30pm-1:15pm Ste 1840	2 Yoga 12:30pm Suite 1840	3	4 Boris Lebedinsky Classical Guitar	5
6 	7 *Yoga 12:30pm Suite 1840 *Joe Lombardo Piano	8 Andrei Cheine Piano	9 Yoga 12:30pm Suite 1840	10	11 Ken Haelsig Piano	12 
13	<b>Columbus Day</b> 14 *Yoga 12:30pm Suite 1840 *Cynthia Creel Piano	15 Meditation 12:30pm-1:15pm Ste 1840	16 *Yoga 12:30pm Suite 1840 *Basket Drawing Begins	17	18 Lorna Anderson Piano	19
20 	21 *Yoga 12:30pm Suite 1840 *Boris Lebedinsky Classical Guitar	22 Cynthia Creel Piano	23 *Flu Shots *Yoga 12:30pm Suite 1840 *Basket Drawing Ends	24	25 *Andrei Cheine Piano *Chair Massages Suite 1840	26
27	28 *Yoga 12:30pm Suite 1840 *Ken Haelsig Piano	29 Meditation 12:30pm-1:15pm Ste 1840	30 *Yoga 12:30pm Suite 1840 *Safety Warden Meeting 10am Suite 225	31 *Halloween Treats 1pm In Lobby *Blood Drive 10:00am	 <b>OCTOBER</b> 	



**LOCAL**  
*events*  
explore | go | enjoy

## October 2019

**Through Oct. 20**  
**"Hue & Me"**  
 Dunedin Fine Art Center  
[www.DFAC.org](http://www.DFAC.org)

**Through Oct. 26**  
**Creatures of the Night**  
 Lowry Park Zoo  
[www.ZooTampa.org](http://www.ZooTampa.org)

**Oct. 8-13**  
**Roald Dahl's "Charlie and the Chocolate Factory"**  
 Straz Center for the Performing Arts  
[www.StrazCenter.org](http://www.StrazCenter.org)

**Oct. 11**  
**Chris Stapleton's All-American Road Show**  
 MidFlorida Credit Union Amphitheatre  
[www.LiveNation.com](http://www.LiveNation.com)

**Oct. 25, 26**  
**Latin Pops**  
 The Florida Orchestra  
[www.FloridaOrchestra.org](http://www.FloridaOrchestra.org)

**Oct. 31-Nov. 2**  
**Cirque du Soleil: "Axel"**  
 Amdalie Arena  
[www.AmdalieArena.com](http://www.AmdalieArena.com)

**Tampa**

Events, dates and venues are subject to change.